

Hot Lunch Menu  
 March 4 – March 29, 2019  
 Due Friday, February 15<sup>th</sup>, 2019

Name \_\_\_\_\_

Grade \_\_\_\_\_

Total \_\_\_\_\_

\* Grades 6 thru 8 are going on a field trip on March 11, 12 and 13, please not order lunch those days

\*\* Because we adhere to Church teaching, only the following items with no meat in the menu are available for purchase on Fridays during Lent:

Salads: Garden, Caesar, Greek, (no chicken)	Fruit Cup
Grilled Cheese Sandwich	Mac & cheese
Spaghetti with marinara sauce (no meatballs)	Ravioli
Elbows with Butter	Tomato soup
Fish Sticks	Tuna Wrap
Tuna Sandwich	Cheese Pizza

All other menu items are available on all other days.  
 This menu is due by Friday, February 15<sup>th</sup>

Day	Date	Item #1	Item #2	Cost	Total	Note
Monday	3/4/2019					
Tuesday	3/5/2019					
Wednesday	3/6/2019		<b>Ash Wednesday (no Meat)</b>			
Thursday	3/7/2019					
Friday	3/8/2019					No Meat
Monday	3/11/2019					
Tuesday	3/12/2019					
Wednesday	3/13/2019					
Thursday	3/14/2019					
Friday	3/15/2019					No Meat
Monday	3/18/2019					
Tuesday	3/19/2019					
Wednesday	3/20/2019					
Thursday	3/21/2019					
Friday	3/22/2019					No Meat
Monday	3/25/2019					
Tuesday	3/26/2019					
Wednesday	3/27/2019					
Thursday	3/28/2019					
Friday	3/29/2019					No Meat

Lunch Orders Questions: Call Mrs. Montes 508-460-3400 Ext. 240  
 Monday thru Friday 7:30 am to 2:30 pm or email lsadmin@icschool.net

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SALADS (All dressing are served on the side):

- Garden Salad, no onions, Ranch dressing - \$4.00
- Garden Salad with grilled chicken, Ranch dressing - \$4.25
- Caesar Salad, no anchovies, Caesar dressing - \$4.00
- Grilled Chicken Caesar, Caesar dressing - \$4.25
- Greek Salad (garden salad + feta cheese + Kalamata olives) Greek dressing - \$4.00
- Greek Salad with grilled chicken, Greek dressing - \$4.00
- Chicken Caesar Wrap - \$4.25

COLD CHOICES (Fruit on the side):

- Ham and cheese sandwich - \$4.00
- Turkey and cheese sandwich - \$4.00
- Tuna sandwich - \$4.00
- Ham / Turkey or Tuna Wrap - \$4.00

HOT CHOICES (Hot Veggies and Fruit on the side):

- Grilled cheese sandwich - \$4.00
- Macaroni and cheese, made with elbow pasta, milk, and American cheese - \$4.00
- Chicken fingers - white meat only, homemade breadcrumbs, baked - \$4.00
- Ravioli topped with homemade marinara sauce - \$4.00
- Elbows with butter - \$4.00
- Spaghetti & meatballs (2) marinara sauce - \$4.00
- Fish Sticks - \$4.00
- Meatball sub with homemade marinara sauce (3 meatballs) 5" wheat sub roll - \$4.25
  
- Kayem Hot Dog in bun; no veggies on side - \$1.75
- Chicken Noodle and Tomato Soup served with oyster crackers - \$3.50

- MILK 2% white only - \$1.00
- WATER Poland Springs 16 oz. - \$1.00

- PIZZA Cheese only, purchased by the slice - \$1.50, Fridays ONLY